## WATERFORD

Meeting to be held at the Tower Hotel, Waterford on Saturday 6th February between 12.00 pm – 2.00pm.

Naturopath David Burke will give a talk on alternative health remedies and Marie Coffey will demonstrate energy restoration through healing and EFT (emotional freedom technique). This will also be an opportunity for ME sufferers and their supporters to share experiences.

Teas and Coffees will be provided. All are welcome. Further enquiries from Irish ME Trust - Lo-Call 1890 200 912 or Marie at 05392 34091